



Week 1: The God Who Speaks

Main Idea:

Hearing God's voice is the beginning of transformation.

1. How God Speaks

Through His Word (2 Timothy 3:16–17)

Through His Spirit in our thoughts (John 14:26, John 10:27)

Through His people (Proverbs 27:17)

Through circumstances (Acts 16:6–10)

2. Recognizing His Voice

God's voice is always:

- Life-giving – “*The words I speak... are spirit and life.*” (John 6:63)
- Kind and loving – Romans 2:4
- Consistent with Scripture – He never contradicts His Word
- Peace-bringing – Philippians 4:7

The enemy's voice is:

- Condemning (Revelation 12:10)
- Fear-filled (2 Timothy 1:7)
- Confusing (1 Corinthians 14:33)
- Shame-driven

3. Common Blockers

Wrong view of God (Romans 8:15)

Fear of what He'll say (Matthew 7:9–11)

Unconfessed sin (Isaiah 59:2, 1 John 1:9)

Unforgiveness (Mark 11:25)

Busyness/noise (Psalm 46:10)



4. How to Listen Practically

Step 1 – Be Still

- Find a quiet place. Silence distractions. (Psalm 46:10)

Step 2 – Direct Your Mind Toward Him

- Pray: “*Lord, what do You want me to know right now?*”

Step 3 – Pay Attention to the Flow of Thought

- Notice first impressions, thoughts, or pictures that come.

Step 4 – Write It Down

- Keep a journal. Date it.

Step 5 – Test It

- Does it agree with Scripture? (2 Timothy 3:16)
- Does it sound like His character? (Galatians 5:22–23)
- Does it bring life, peace, and encouragement? (John 10:10)

This Week’s Challenge

Spend 5–10 minutes each day in silence before the Lord.

Ask: “*Lord, what do You want me to know today?*”

- Write down what you sense.
- Share one thing God spoke to a friend.

Prayer to Begin Each Time

“Lord, I believe You are a God who speaks. Open my ears, quiet my heart, and let me hear You clearly. I receive Your words of life today.”