

## Week 2: Stepping Out in the Storm (Confident Worship)

#### Main Idea:

Worship needs to be pursued, practiced, and performed.

Jesus is the worthy subject of our worship and praise. Our heart and mind must feel justified and free in worshiping Jesus. Knowing He is our worthy Lord, we should approach worship with confidence, setting aside barriers and distractions to fix our eyes on King Jesus.

### **Scripture Reading:**

Psalm 27; Matthew 14:22-33 (Peter steps out in faith)

# 1. Worship is Our Bold Response in the Storm

- Jesus is worthy of our worship because of who He is.
- Worship requires moving beyond fear and distraction to confident faith.
- Peter stepped out of the boat, symbolizing stepping out in faith & worship despite uncertainty (Matthew 14:28-29).

## 2. Overcoming Barriers to Worship

- Barriers such as anxiety, distractions, fear of inadequacy, and external opposition attempt to keep us from worshiping (Psalm 27:7–10).
- David himself faced doubts and fears but chose to seek God's presence.
- We must recognize these barriers and intentionally set them aside.

#### 3. Worship as a Lifestyle of Perseverance and Praise

- Worship is not only an emotional response but a practiced, committed act (repentance = metanoia, a change of mind leading to action).
- Waiting on the Lord with courage sustains our worship through challenges (Psalm 27:11-14).
- Worship is communal and liturgical—an active participation in faith (Newton's 1st law applied to spiritual life).

#### **Practice This Week**

# Identify one distraction or barrier to worship in your life that you will set aside this week.

#### Meditate on one truth about our worthy God to build your confidence in worship:

- He is our light, salvation, and strength (Psalm 27:1).
- He is immutable, inscrutable, and infinitely worthy of praise.
- Jesus is exalted above all names, Lord of all, and worthy of our highest praise (Philippians 2:9-11).