Week 3: Praising God In The Storm

Main Idea:
Praising the Lord is how we fight the storm and find peace in it.

"Hallelujah" means "praise the Lord" and is a
Hebrew expression used to convey praise, thanks, or joy, especially to God.
"*hallelū*" (praise) **and "*yah*"** (a shortened form of Yahweh, or God).

Scripture Reading
Psalm 18:46–49
2 Chronicles 20:21–22
Philippians 4:6–7

1. I Will Praise with My Posture

Worship begins in the heart but moves through the body.

Each posture tells a story of surrender and trust:

- **Lift your hands** – Psalm 63:4 → Surrender and dependence
- **Bow or kneel** – Psalm 95:6 → Humility before holiness
- **Dance and rejoice** – Psalm 149:3 → Freedom and joy
- **Clap and shout** – Psalm 47:1 → Declare victory before and after
- **Fall on your face** – Nehemiah 8:6 → Total surrender

The storm doesn't control my ability to praise, Jesus does.

2. I Will Praise as Warfare

2 Chron 20:21–22 - When Judah sang, God set ambushes against their enemies.

Worship is the weapon that brings victory.

Acts 16:25–26 - When Paul and Silas sang, chains broke in prison.

When you sing in your storm, the enemy is disarmed because your praise declares the victory that Jesus won on the cross!

Your tools for the battle:

- **Submit** to God – James 4:7
- **Resist** the enemy
- **Rebuke** in the Lord's name – Jude 1:9
- **Worship** through it all

Whether He's calming the storm with His word or walking with you through the wind and waves. Jesus is your peace.

3. **I Will Praise Because He Is My Peace**

John 16:33 - "These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world."

Philippians 4:6–7 - Prayer + Thanksgiving = Peace that guards your heart and mind

When you lift your voice, your focus shifts from what's out of control to the One who's in control.

4. **Practice: Praise and Peace in the Storm**

When the storm hits, practice these:

1. **Pause before panic.** Whisper: "Jesus, You are my peace."
2. **Praise before provision.** Sing before you see the breakthrough.
3. **Pray with thanksgiving.** Gratitude guards your heart.
4. **Posture your body.** Lift hands, kneel, bow — let your body preach faith.
5. **Practice His presence.** Be still and know He is near. (Psalm 46:10)
6. **Write your own Victory Psalm.**
   What did God deliver you from?
   What truth will you carry forward?

Next Step:
Bring your psalms to our Night of Worship on Wednesday, November 12.

Praise isn't just a response to what God has done,
It's a declaration of who He <u>still</u> is.